

## **New Dressing Room Policy – Clarifications**

Hockey Canada has mandated this policy that covers all minor hockey and to continue to play hockey we must be compliant.

We have received some questions regarding what is acceptable so are providing the following additional guidance.

**The Minimum Attire Rule** = means that participants should arrive at the rink wearing a base layer (e.g., shorts and T-shirt, compression shorts and shirt or sports bra).

Therefore, we expect all players to always meet the minimum attire or use the washrooms to change.

### **Sample questions:**

**Q1.** I currently wear a T-shirt but only underwear on the bottom with a jock in shorts.

**A1.** You could move to wearing a base layer or you will need to go to the washroom to get ready including putting on your hockey pants.

**Q2** I currently wear Under Armour but with a jock built in?

**A2.** This would constitute minimum attire.

**Q3.** I don't wear a t shirt under my gear.

**A3.** You can consider wearing a t-shirt or go to the washroom to put your shoulder pads / chest protector and jersey on.

**Q4.** My team / group is a single sex do we have to follow these rules?

**A4.** Yes – all groups need to always follow these rules.